





HELENA TORRES ALVARO

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PROFILE

I am a graduated Economist specializing in the Environmental/Sustainability field. I have experience effectively working in international settings, with strong communication skills in multiple languages. I am analytical-minded, with a keen attention to detail and proactive initiative; always eager to continue learning.

EDUCATION

Sep 2022 - Present

Master's degree in Environmental and Natural Resources Economics **Wageningen University & Research**

Wageningen,
the Netherlands

- Thesis: Agent-Based Model showing how does the interaction of personal values and situational factors influence vegetarian food choices.
- Relevant courses: Research Methodology; Environmental Governance and Quality; Environmental Economics; Natural Resources Management; EU and International Environmental Law.

Sep 2017 - Jul 2021

Bachelor's degree in Economics **Universitat Pompeu Fabra**

Barcelona,
Spain

- Thesis: Feasibility of a monetary union between the ASEAN members.
- Relevant courses: Probability and Statistics; Econometrics; Microeconomics; Macroeconomics; Finance; International Economics; Public Economics.
- Extra: one semester of studies (**Erasmus+**) at the **School of Economics and Business - University of Ljubljana**, Slovenia.

WORK EXPERIENCE

May 2023 - Jul 2023

Environmental Consultancy project

Oporto,
Portugal

| Lipor (Association of Municipalities for Sustainable Waste Management of Greater Porto), in collaboration with Wageningen University & Research

Wageningen,
the Netherlands

Consultancy project regarding the feasibility and impact of implementing re-use stores to reduce waste in the Greater Porto Area.

- Collection of data on the field through surveys and interviews.
- Data analysis.
- Presentation of results and recommendations to the client via synthesis report and oral presentation.

Jun 2022 - Aug 2022

Customer Support

Barcelona,
Spain

| EF Education First

Customer service by telephone and face-to-face.

- Management of approx. 100 calls daily.
- Resolution of inquiries and complaints of clients.

Mar 2022 - May 2022	International volunteering NGO Coplan Volunteer in the 'Female Leaders Program' in the Arequipa region. <ul style="list-style-type: none"> • Creation of business plans for women. • Organization of workshops dedicated to women's empowerment. 	Arequipa, Peru
Jan 2022 - Feb 2022	International volunteering NGO Semillas Life Volunteer in the 'English Teaching Program'. <ul style="list-style-type: none"> • English teaching to students of various ages of underprivileged communities. • Organization of workshops to raise environmental awareness. 	Puerto Inca, Peru
Sep 2020 - Jan 2021	Accounting - Administration Internship MdF Family Partners Support in the Accounting - Administration department. <ul style="list-style-type: none"> • Processing of customer and supplier invoices. • Reviewing bank statements. • Providing assistance in the preparation of accounting closings. • Various administrative tasks. 	Barcelona, Spain
Sep 2017 - Feb 2020	Private teacher Self-employment Private classes of Mathematics to high school students.	Barcelona, Spain

SKILLS

- Research skills
- Time-management
- Communication skills
- Quantitative skills
- Adaptability
- Teamwork

IT SKILLS

MS Office suite - Advanced

R - Advanced

Stata - Advanced

Netlogo - Intermediate

LANGUAGES

Spanish

Native

Catalan

Native

English

Proficient. *Certificate in Advanced English (Grade: A). CEFR level: C2*

Italian

Intermediate