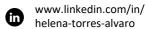
# **HELENA TORRES ALVARO**

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# **PROFILE**

I am a graduated Economist specializing in the Environmental/Sustainability field. I have experience effectively working in international settings, with strong communication skills in multiple languages. I am analytical-minded, with a keen attention to detail and proactive initiative; always eager to continue learning.

#### **EDUCATION**

Sep 2022 - Present

# Master's degree in Environmental and Natural Resources Economics Wageningen University & Research

Wageningen, the Netherlands

- · Thesis: Agent-Based Model showing how does the interaction of personal values and situational factors influence vegetarian food choices.
- Relevant courses: Research Methodology; Environmental Governance and Quality; Environmental Economics; Natural Resources Management; EU and International Environmental Law.

Sep 2017 - Jul 2021

# **Bachelor's degree in Economics Universitat Pompeu Fabra**

Barcelona. Spain

- Thesis: Feasibility of a monetary union between the ASEAN members.
- Relevant courses: Probability and Statistics; Econometrics; Microeconomics; Macroeconomics; Finance; International Economics; Public Economics.
- Extra: one semester of studies (Erasmus+) at the School of Economics and Business -University of Ljubljana, Slovenia.

### WORK EXPERIENCE

May 2023 - Jul 2023

#### **Environmental Consultancy project**

# | Lipor (Association of Municipalities for Sustainable Waste Management of Greater Porto), in collaboration with Wageningen University & Research

Oporto, Portugal Wageningen,

the Netherlands

Consultancy project regarding the feasibility and impact of implementing re-use stores to reduce waste in the Greater Porto Area.

- Collection of data on the field through surveys and interviews.
- · Data analysis.
- Presentation of results and recommendations to the client via synthesis report and oral presentation.

Jun 2022 - Aug 2022

#### **Customer Support**

#### | EF Education First

Barcelona, Spain

Customer service by telephone and face-to-face.

- · Management of approx. 100 calls daily.
- · Resolution of inquiries and complaints of clients.

## International volunteering

Arequipa, Peru

## | NGO Coplan

Volunteer in the 'Female Leaders Program' in the Arequipa region.

- · Creation of business plans for women.
- · Organization of workshops dedicated to women's empowerment.

Jan 2022 - Feb 2022

#### International volunteering

Puerto Inca,

#### | NGO Semillas Life

Volunteer in the 'English Teaching Program'.

- English teaching to students of various ages of underprivileged communities.
- · Organization of workshops to raise environmental awareness.

Sep 2020 - Jan 2021

### **Accounting - Administration Internship**

Barcelona, Spain

## | MdF Family Partners

Support in the Accounting - Administration department.

- Processing of customer and supplier invoices.
- · Reviewing bank statements.
- · Providing assistance in the preparation of accounting closings.
- · Various administrative tasks.

Sep 2017 - Feb 2020

#### Private teacher

Barcelona, Spain

| Self-employment

Private classes of Mathematics to high school students.

## **SKILLS**

• Research skills

- · Time-management
- · Communication skills

- · Quantitative skills
- Adaptability

Teamwork

#### **IT SKILLS**

MS Office suite - Advanced

R - Advanced

Stata - Advanced

Netlogo - Intermediate

### **LANGUAGES**

### Spanish

Native

#### Catalan

Native

#### **English**

Proficient. Certificate in Advanced English (Grade: A). CEFR level: C2

#### Italian

Intermediate